Holy Cross
CATHOLIC HIGH SCHOOL

Holy Cross Curriculum

Alternative Curriculum

NOCN and AQA Unit Award Scheme

Alternative Curriculum

	Year 10	Year 11
Term 1	• Presentation Skills: presenting their ideas in front of peers. • Recognising and Keeping Safe Online: learning about the dangers online. • Basic First Aid Level 1	• Personal Development: identifying their personal strengths, qualities and areas to improve. • Investigating a career • Job application and interview skills: understanding the world of work through mock interviews and application process • Managing money: Basic budgeting – understanding personal finances and building confidence for their future.
Term 2	• Food and Nutrition – understanding healthy eating • Cooking Meals on a Budget • Running a Community Event – identifying a need in their local community and supporting that through a planned event.	• Undertaking Group Work – plan and deliver an activity as part of a small group. • Relationships boundaries – understand relationship boundaries between people, what is and is not acceptable • Discussing post-16 options – researching their options and interests through a range of different post-16 routes.
Term 3	• Gardening Skills: growing and managing produce from seed. • Active Citizenship: understanding their local community and social diversity. • Film Review and Media Project: reviewing a range of short films • Living Independently: developing independent household skills and confidence.	• Taking part in Sport: build knowledge and confidence within a sport over time. • Fitness and Healthy Lifestyles: plan a fitness training program and understand how to live a healthy life. • Basic drug awareness and the law: understand the reasons why some may turn to drugs and the laws behind that.
	Cultural Exposure: • Exposure to different communication styles. • Exploration of the diverse online world and pupils consider digital citizenship and the impact of social media. • Pupils develop awareness of their responsibility to behave appropriately in relationships and act with respect. • Exposure to a variety of foods, cuisines and how culture and religion can impact eating habits. • Direct engagement with the local community and its diversity. • Exposure to films, media and storytelling from different cultures.	Cultural Exposure: • Exploration of identity, values and personal qualities. • Exposure to different careers and professional cultures. • Pupils consider financial pressures and responsible choices around money. • Experience of working collaboratively with people who may have different opinions or from different backgrounds. • Exposure to different educational, training and employment pathways. • Exposure to different sports, sporting traditions and participation. • Pupils consider inclusion, teamwork and the benefits of active participation.