

Term	Topics	In these sessions pupils will learn....	Lesson titles	Assessment
Autumn	Developing resilience and self-confidence Sexual relationships Physical health	<ul style="list-style-type: none"> To reflect on the deep human desire to love and be loved To explore the concept of romantic love To understand a Catholic perspective in which sex is oriented Understand the concept of Grief and Loss. Recognise emotional and physical responses Identify healthy coping mechanisms and support systems Definitions of the term drug and the different forms it can take Evaluate the legal classifications of drugs Understand schools' response to drugs, including where to seek support To identify the main options available after Year 11, including A-levels, T-levels, vocational courses, apprenticeships, and employment with training. · The typical entry requirements for different pathways. · How to evaluate personal interests, career aspirations, and learning styles when deciding post-16 options 	10:10 Search For Love Grief and Loss Drugs- school and the law Post-16 options	Personal baseline assessment Pupil feedback of session
Spring	Human Rights Communication and peer pressure Consent	<ul style="list-style-type: none"> Build awareness and factual understanding of FGM Explore health consequences of FGM Where to seek support if they or someone they know is at risk About personal boundaries Key elements to giving consent How to effectively communicate in an assertive way To consider commitment, what it involves and why it matters To understand different forms of commitment, including marriage To know the Catholic teaching on marriage and consider their thoughts 	Harmful Relationships - FGM Being assertive 10:10 Commitment and marriage	Personal baseline assessment Pupil feedback of session Mid-Year review
Summer	Developing decision making, risk management, and support seeking skills Post 16 options Developing communication skills	<ul style="list-style-type: none"> Define sexual consent, explain why it must be freely given, informed, and reversible, and recognize that consent applies to all types of relationships Practical ways to communicate consent, respect others' boundaries, and identify situations where consent cannot be given Will understand the age of consent in the UK, the laws protecting individuals from sexual exploitation Definitions of key terms relating to sexuality Understand how protected characteristics relate to preventing discrimination Respecting different characteristics is essential for equality To explain what deepfakes are and common examples 	Consent and the Law Sexuality AI-deep fakes and ai risks	Personal baseline assessment Pupil feedback of session