

Term	Topics	In these sessions pupils will learn....	Lesson titles	Assessment
Autumn	Healthy Relationships Exam Preparation	<ul style="list-style-type: none"> To recognise warning signs of unhealthy relationships To identify harmful behaviours including online About the importance of consent Developing communication skills for post 16 life To reflect on personal strengths and communicate them About the skills and attributes that employers are looking for 	10:10 - Coercive Control Mock prep - How to Revise College applications	Personal baseline assessment Pupil feedback of session Mock exam results College applications
Spring	Physical Health Healthy relationship	<ul style="list-style-type: none"> To recognise physical symptoms of breast and testicular cancer To know where to go if worried about physical health To identify harmful behaviours including online About the importance of consent To recognise stereotyping because of gender and how to tackle it To understand what sexual harassment is and how it can effect victims To reflect on scenarios and discuss actions to take To know where to report sexual harassment in school and life post 16 	Breast and testicular health Tackling misogyny Sexual harassment in the workplace	Personal baseline assessment Pupil feedback of session - split gender
Summer	Staying safe online Financial Education Sex Education Developing resilience Sexual Health Life post 16 Alcohol and drugs Developing resilience and self-confidence	<ul style="list-style-type: none"> Identify what extremism is, including key characteristics Understand the impact that extremism can have on individuals and communities, Recognise and evaluate fake news To be able to confidently describe what is meant by renting a house To understand the importance of budgeting when renting a property and managing household expenses To understand how upbringing and peer pressure might have an impact To know facts and figures about STIs To explore the emotional/psychological impacts of (regularly)engaging in casual sex To understand how recognising our true value can bring freedom To understand a wide range of revision activities To understand that stress is normal during exam periods but to learn strategies to keep it under control To understand a wide range of revision activities 	Extremism Mortages/rents - Running a house Sexually Transmitted Infections Resilience during exams	Personal baseline assessment Pupil feedback of session and curriculum through Pupil Voice
Summer 2	Year 11 Exams period			

(CPR taught in class groups during PE lessons in Mock time)