

Term	Topics	In these sessions pupils will learn....	Lesson titles	Assessment
Autumn	Self esteem	<ul style="list-style-type: none"> To consider the different motivations behind our behaviour and the choices we make To understand how beliefs, values and attitudes, along with virtues, play a major part in shaping our character 	10:10 Beliefs Values and attitudes	Personal baseline assessment
	Women's health	<ul style="list-style-type: none"> To explore how faith can give us gifts like wisdom and courage, so we can be faithful to our values and our conscience To explore different accounts and attitudes of people who have experienced abortion, interspersed with students' views To understand the law on abortion and the different methods used to carry it out To understand the development of human life in the womb and the central question of who the unborn are To explore the pro-life position 	10:10 Pregnancy and abortion	Pupil feedback of session
Spring	Post 16 choices	<ul style="list-style-type: none"> How to make positive and informed choices relating to jobs How to choose and access support for life after school To build communication skills 	How to Ace an Interview	Personal baseline assessment
	Communication	<ul style="list-style-type: none"> To know different types of abuse and understand what does or does not constitute abuse To recognise some of the signs of an abusive relationship by looking at examples To understand how to respond to abuse and where to go for support and help 	10:10 Abuse	Pupil feedback of session
	Consent and boundaries	<ul style="list-style-type: none"> To understand that small decisions can have major outcomes To understand that carrying knives doesn't work out well for anyone To understand appropriate behaviours about respect, equality and understanding 	Knife Crime	
	Mental Health	<ul style="list-style-type: none"> Maintaining mental health and emotional wellbeing including healthy coping strategies To demonstrate the ability to apply techniques To know where to seek support should it be required To be able to define what is meant by Revenge Porn Clear understanding of the law around Revenge Porn To understand the damaging effects of Revenge Porn 	Promoting Emotional Wellbeing	
Summer	Online activity	<ul style="list-style-type: none"> Identify signs of someone being in an abusive relationship Describe how a person in an abusive relationship could receive help and the services they can access Explain why a person may stay in an abusive relationship 	Domestic Abuse	Personal baseline assessment
	Consent online	<ul style="list-style-type: none"> Understand what a digital footprint is and how it is created Recognise the impact of online actions on personal reputation Learn strategies to manage and protect their online presence 	Digital footprint and online reputation	Pupil feedback of session
	Financial choices and management	<ul style="list-style-type: none"> Investigate different types of loans and what key financial terms mean The process of student loans and their impact on financial futures 	Loans and debt	
Summer 2	Work experience	<ul style="list-style-type: none"> Pupils will spend a week on work experience in the summer term 		Employers feedback Unifrog