



Enrichment and Personal Development		Catholicity in the Curriculum	Interdisciplinary Learning
Year 7	Personal Development Relationships Health Mental Health Sex Education Online Careers Finance	<p>Dignity: Pupils learn what makes a good friend and reflect on the characteristics of healthy friendships. Pupils understand why Holy Cross is unique and how they are all valued members of our community. Pupils learn to respect themselves as they think about growing up. Pupils learn to keep a healthy mind and body. Pupils learn to respect themselves and one another online.</p> <p>Option for the Poor: Pupils consider how to manage their personal finances in order to look after themselves.</p> <p>The Dignity of Work and Participation: Pupils participate in an enterprise task developing team work.</p> <p>Option for the Poor and The Dignity of Work and Participation: All pupils will work towards the Faith in Action Bronze Award.</p>	RE: Moral responsibility and ethics Drama: Group work and giving feedback Product Design: Design and make RE: Moral responsibility and ethics, who is God? MFL: Describing family and friends, expressing basic opinions, describing family and friends, number work Science: Reproduction and homeostasis and response, reproduction, hormonal responses PE: Participation in sport, teamwork Food and Nutrition: Healthy eating Music: Find your voice Computing: Online safety Maths: Number work
Year 8	Personal Development Health Mental Health Relationships Sex Education Online Careers Finance	<p>Dignity: Pupils reflect on themselves as unique and made in the image of God. Pupils learn that emotional regulation is a life-long skill. Pupils consider their body image and learn to respect one another including those with protected characteristics. Pupils consider how to keep themselves safe including when it is appropriate to take risk and when it can lead to danger. Pupils reflect on how to keep themselves safe online, resisting peer pressure and setting appropriate boundaries in all types of relationships.</p> <p>The Common Good and Dignity: Pupils consider the dangers of alcohol and how it can have a negative impact on society and relationships.</p>	MFL: My world and I, number work PE: Resilience in sports, training methods to improve fitness Drama: Character analysis Science: Lifestyle choices Food: Nutrition RE: Creation and Covenant Product Design: Health and Safety Computing: Understanding computers Geography: Global development Maths: Number work
Year 9	Personal Development Relationships Health Mental Health Relationships Sex Education Online Careers	<p>Dignity: Pupils reflect on the nature of love including the Catholic teachings in marriage. Pupils consider ways to cope with grief and loss. Pupils consider the harmful consequences of FGM. Pupils consider how to be assertive and consent in order to protect themselves. Pupils consider sex and sexuality including treating one another with dignity. Pupils consider the harmful effects of deep fakes.</p> <p>The Common Good and Dignity: Pupils learn about the negative impact of drugs on relationships and society including how to get help if needed.</p> <p>The Dignity of Work and Participation: Pupils have an opportunity to explore future careers at the Careers Fair and post 16 options.</p>	MFL: Shopping transactions and ways to earn pocket, verbal activities money, jobs, work and future plans, 'Day of the Dead' English: Rhetoric writing, Blood Brothers, love and relationships Computing: Impact of ICT on society RE: Desert to Garden, creation and covenant Drama: Performances in groups



# Personal Development



## Enrichment and Personal Development

### Catholicity in the Curriculum

### Interdisciplinary Learning

Year 10	Personal Development Sex Education Careers Relationships Mental Health Online Finance	Dignity: Pupils consider how to develop their values and conscience. Pupils explore different attitudes to abortion and consider when does life begin. Pupils recognise the sign of an abusive relationship by considering examples and learn how to seek support if needed. Pupils learn how to apply healthy coping strategies to promote emotional well being. Pupils learn the damaging effects of online behaviour including revenge pornography. Pupils consider the impact of their digital footprint on their life in the future.  The Common Good and Dignity: Pupils consider the consequences of knife crime for families and the community.  Option for the Poor: Pupils consider the types of loans available and the impact it has on their financial future including the dangers of pay day loans.  The Dignity of Work and Participation: Pupils work on their interview skills preparing them for the world of work. Pupils will participate in work experience enabling them to develop skills and confidence for future employment.	MFL: My personal world, lifestyle and wellbeing RE: Creation, Catholic theology Drama: Characterisation English: Creative writing Drama: ILYMIPIWD Food: Food choice PE: Lifelong love of sports
		Dignity: Pupils learn about harmful behaviour and the importance of consent including situations of coercive control. Pupils consider how to keep themselves healthy including self-examination for breast and testicular cancer. Pupils reflect on attitudes to sex including how to stay safe from STIs. Pupils understand how to manage exam stress and seek support if needed.  Dignity and The Common Good: Pupils consider the dangers of stereotyping including misogyny and how to challenge it.  The Common Good: Pupils understand the impact extremism can have on individuals and communities.  Option for the Poor: Pupils learn the importance of budgeting when renting or buying a property and how to manage household expenses.  The Dignity of Work and Participation: Pupils work on revision skills and prepare their applications for college. Pupils learn how to protect themselves from sexual harassment in the workplace and where to seek support if needed.	MFL: My Future Plans, my town and local area English: Creative writing History: NHS development, case study of HIV Geography: Changing economic world RE: Investigating other religions Science: Homeostasis and response Food: Food choices during exam periods Product Design: NEA work



Key areas of focus in this unit of work



Subject specific knowledge



Assessment (including both formative and summative)



Interdisciplinary Learning



Progression of learning