

	Topics	In these sessions pupils will learn....	Lesson titles
Year 7	Puberty and health Healthy relationships Emotional development	<ul style="list-style-type: none"> To understand that sexual intercourse is more than just a physical act To know how sex is a gift from God for married couples and His plan for how babies are made Explore different types of relationships (family, friends, peers) and how these may evolve as they grow older The importance of inclusion, respect, and acceptance of difference Ways to communicate effectively, show empathy, and manage changes in relationships positively 	<ul style="list-style-type: none"> 10:10 Where we come from Changing relationships
Year 8	Healthy relationships Developing decision making	<ul style="list-style-type: none"> To know what makes them scientifically unique To understand that our deepest need is to love and be loved To know what happens during the different stages of pregnancy To understand the importance of pre-natal care To explore the emotional, real-life impact of pregnancies carried to full term and otherwise 	<ul style="list-style-type: none"> 10:10-Created and Chosen 10:10- Before I was born
Year 9	Consent Managing safety - including online Developing decision making, risk management and support seeking skills	<ul style="list-style-type: none"> To reflect on the deep human desire to love and be loved To explore the concept of romantic love To understand a Catholic perspective in which sex is oriented Define sexual consent, explain why it must be freely given, informed, and reversible, and recognize that consent applies to all types of relationships. Practical ways to communicate consent, respect other peoples boundaries, and identify situations where consent cannot be given Will understand the age of consent in the UK, the laws protecting individuals from sexual exploitation To consider commitment, what it involves and why it matters To understand different forms of commitment, including marriage To know the Catholic teaching on marriage and consider their thoughts Definitions of key terms relating to sexuality Understand how protected characteristics relate to preventing discrimination 	<ul style="list-style-type: none"> 10:10 The search for Love Consent and the law 10:10 Marriage and commitment Sexuality
Year 10	Consent Managing safety - Including online safety Managing conflict	<ul style="list-style-type: none"> To explore different accounts and attitudes of people who have experienced abortion, interspersed with students' views To understand the law on abortion and the different methods used to carry it out To understand the development of human life in the womb and the central question of who the unborn are To explore the pro-life position To be able to define what is meant by Revenge Porn Clear understanding of the law around Revenge Porn To understand the damaging effects of Revenge Porn 	<ul style="list-style-type: none"> 10:10 pregnancy and abortion Revenge Porn
Year 11	Consent Healthy relationships Sexual health	<ul style="list-style-type: none"> To understand how upbringing and peer pressure might have an impact To know facts and figures about Sexually Transmitted Infections (STIs) To explore the emotional/psychological impacts of (regularly) engaging in casual sex To understand how recognising our true value can bring freedom 	<ul style="list-style-type: none"> Sexually Transmitted Infections (STIs)