

KS3 Assessment Performance Indicators

Year 7

	Practical Performance		Coaching/Leadership		Knowledge and Understanding	
	1	2	3	4	5	6
	Demonstrate a range of skills and practical ability within sport	Demonstrate knowledge of tactics	Evaluate my own performance	Can lead an effective warm up/skill related drill	Understands the term fitness and works to improve this	Perform my own warm up and explain the benefits of doing so
1. Emerging	Demonstrates basic skills in isolation but these can be ineffective	Can identify basic tactics that could be used in game situations	State your strengths and weaknesses	To a partner	Doesn't take part in extra curricular sport	Can perform part of a warm up and state some benefits
2. Developing	Usually demonstrates basic skills correctly in isolation	Applies basic tactics during play	Describe why they are strengths and weaknesses	To a small group (up to 5)	Takes part in extra curricular sport but this is irregular	Can perform a warm up that includes all components and describes some benefits with some accuracy
3. Securing	Can competently demonstrate skills correctly under pressure	Can identify advanced tactics and can apply some tactics to game situations	Explain why the strengths are important to performance and explain how you can improve your weaknesses	To a larger group (5-10)	Attends at least one extra curricular club weekly	Performs an effective warm up and accurately describes the benefits of doing so
4. Excelling	Demonstrates a variety of good skills correctly consistently under pressure	Has good tactical awareness and can demonstrate this	Justify why you need to improve your weaknesses to aid your performance	To a group of 10 pupils or more	Consistently attends a variety of extra curricular clubs	Performs an effective warm up and can explain the benefits of doing so

Year 8

	Practical Performance		Coaching/Leadership		Knowledge and Understanding	
	1	2	3	4	5	6
	Demonstrate a range of skills under pressure in sport	Use tactics and adapt them, where needed, in a game situation.	Explain strengths and weaknesses of others performances with areas for improvement	Lead others within a team with confidence	Understands how exercise can improve health and actively seeks to improve social, mental and physical health	Understands the term cardiovascular endurance and the importance of improving CVE to aid performance
1. Emerging	Ineffectively displays a range of skills under pressure	Can use basic tactics but is ineffective when trying to adapt these.	State the strengths and weaknesses	To a partner	Doesn't take part in extra curricular sport	Can state what the term cardiovascular endurance means and can give basic suggestions as to how to improve.
2. Developing	Can demonstrate a range of basic skills under pressure	Uses and adapts basic tactics with some competency.	Describe why they are strengths and weaknesses	To a small group	Takes part in extra curricular sport but this is irregular	Can describe the term CVE using key words and gives suggestions as to how it can be improved.
3. Securing	Can competently demonstrate a range of skills under pressure	Demonstrates a range of tactics and competently adapts these where needed. This can sometimes be inconsistent.	Explain why the strengths are important to performance and explain how you can improve your weaknesses	To a larger group	Attends at least one extra curricular club weekly	Explains the term CVE and is able to give examples of how to improve this, linking with their own performance.
4. Excelling	Demonstrates a wide range and very good skill set whilst performing under pressure.	Can adapt advanced tactics effectively, under pressure whilst maintaining a high standard of play.	Justify your methods for improvement	To a class	Consistently attends a variety of extra curricular clubs	Can explain, in detail, the term CVE and given specific training methods and examples of how to improve this. Give specific sporting examples of its importance.

Year 9

	Practical Performance		Coaching/Leadership		Knowledge and Understanding	
	1	2	3	4	5	6
	Perform a range of advanced skills under pressure	Create, perform and adapt tactics under pressure	Coach peers to increase motivation and in turn improve their performance	Officiating sports with confidence	Understands the different components of health related fitness and actively seeks to improve them in their own time	Understands different methods of training and is able to give examples
1. Emerging	Can demonstrate a small range of advanced skills under pressure but can be inconsistent	Can use some tactics under pressure but cannot create effective tactics to use within games	Is able to identify the strengths and weaknesses of a team. Understands the term leadership.	Can identify basic rules of a sport	Doesn't take part in extra curricular sport	Can state at least two methods of training and can give basic examples of them
2. Developing	Can competently demonstrate a range of advanced skills under pressure	Uses tactics and is able to create basic attacking and defensive tactics under pressure with some competency.	Can describe the strengths and weakness and give basic suggestions for improvement of performance. Demonstrates traits of a leader in some situations.	Understands basic rules of a sport and can officiate with some competency.	Takes part in extra curricular sport but this is irregular	Can describe the methods of training using key words and gives suggestions as to how they can improve fitness
3. Securing	Demonstrates a good level of skills under pressure	Uses and creates advanced tactics with the ability to apply these to competitive games well with only minor errors.	Uses teams strengths to boost morale and is able to help peers improve their performance. Competently demonstrates leaderships	Understands rules of a sport and can officiate effectively.	Attends at least one extra curricular club weekly	Explains methods of training and is able to give examples of how they help improve fitness, linking this with their own performance.
4. Excelling	Demonstrates a very good level of skills and can demonstrate these consistently and effectively under pressure	Creates advanced tactics for the team to use and applies these effectively and with ease under pressure	Leads effectively, increasing motivation of peers by applying different strategies.	Officiates even difficult sporting situations effectively and with ease.	Consistently attends a variety of extra curricular clubs	Can explain, in detail, what methods of training are and gives examples of how they can improve specific components of fitness. Can link this to specific sports performance.