

Remote Learning – Daily Checklist

Love God - Work Hard - Be Kind



1 09:15 –10:15	Subject: Teacher: Independent Work: Live Lesson:	Attended live lesson? Work completed? Has work been submitted/emailed to teacher?
2 10:15 -11.15	Subject: Teacher: Independent Work: Live Lesson:	Attended live lesson? Work completed? Has work been submitted/emailed to teacher?
11.15-11.30	Break	Have a walk around – rest your eyes – have a healthy snack – hydrate
3 11:30 –12:30	Subject: Teacher: Independent Work: Live Lesson:	Attended live lesson? Work completed? Has work been submitted/emailed to teacher?
12.30 -13.05	LUNCH	Rest your eyes. Have a stretch and a walk. Eat your lunch and keep hydrated - water is the best!
4 13:05 –14:05	Subject: Teacher: Independent Work: Live Lesson:	Attended live lesson? Work completed? Has work been submitted/emailed to teacher?
5 14:05 –15:05	Subject: Teacher: Independent Work: Live Lesson:	Attended live lesson? Work completed? Has work been submitted/emailed to teacher?

Let's Reflect... What went well today and what could you improve on tomorrow/over the coming days? Give yourself two praise points and one target!